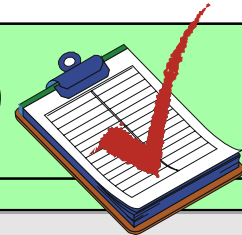


CHS CHECKUP



A publication by and for employees of the Kentucky Cabinet for Health Services

Aug. 27, 2001

NEWS BRIEFS

POWER OUT

There will be a power shutdown at the Health Services Building this weekend starting at 6 p.m. on Friday, Aug. 31 and lasting through Sept. 4 at 6 a.m. There will only be emergency lighting in the building. The Health Services Building will be closed during this time for the safety of contractors working on this project.

PHONE BOOKS

There are extra Bell South phone books at the CHR Building. Anyone who needs one can come by the superintendent's office and pick it up.



TIP OF
THE
WEEK

September is National Cholesterol Education Month. High cholesterol levels increase the risk of heart disease, the leading cause of death in the U.S. It's recommended that people 20 and older have their cholesterol measured at least once every 5 years. A cholesterol level below 200 is considered desirable. Cholesterol levels may be lowered through reducing fat intake through diet changes, increasing physical activity, controlling weight and drug treatment. More information is available at the following web site: (<http://www.americanheart.org/>)

CHS Fair Booth Another Success

The State Fair booth was tremendously successful again this year thanks to the efforts of CHS workers. Over 50,000 fairgoers visited CHS's Three-Ring Circus to receive information and assistance in areas like glucose and cholesterol testing; nutrition; special health care needs for children; aging services; mental health and mental retardation; food, milk, and product safety; air quality; sun exposure; substance abuse; tobacco prevention and cessation; and early childhood development.

A coloring book providing health

and safety tips along with a handy list of telephone numbers on the inside back cover was very popular. About 35,000 were distributed to fairgoers.

The media coverage was fantastic, especially for Sun Exposure and Glucose and Cholesterol Testing. The Courier-Journal wrote about us and WLKY, WDRB and WAVE TV stations filmed us, including two live 6 a.m. interviews.

Some of the most highly traf-

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Life Insurance Open Enrollment Is Sept. 1-30

The Personnel Cabinet has announced that the new carrier for the state's Group Life Insurance is Standard Life Insurance Company, effective on July 1, 2001. All eligible employees are automatically covered for the basic amount of \$20,000 with Accidental Death and Dismemberment benefits included. The state pays for the basic amount. In addition to the basic insurance provided, the program offers you the option of purchasing additional insurance.

In September, the Group Life Insurance Branch in the Personnel Cabinet will have open enrollment for employees seeking changes to insurance coverage. If you wish to increase or decrease the additional amount of life insurance, you must complete a new application during

the open enrollment period of Sept. 1-30. During this open enrollment period, an employee can add, change or terminate his or her additional life insurance coverage. All changes will be made effective Jan. 1, 2002. **If you wish to keep your coverage exactly as it is, you do not need to complete a new application.**

Employees will receive information on open enrollment for group life insurance with Aug. 30 paychecks. You will only be able to make changes in your state life insurance coverage during this open enrollment period.

For more information, call the Personnel Cabinet, Group Life Insurance Administration Branch at 564-4774 or toll free (800)267-8352.



HIPPA Coordinator Hired For Health Services

The Cabinet for Health Services has engaged the consulting services of Denise Vaught to coordinate Health Insurance Portability and Accountability Act (HIPPA) initiatives.

HIPPA calls for improved patient confidentiality and a system for exchanging medical data.

Vaught, a 20-year veteran of the health care industry, will help assess readiness of each department, and make recommendations to the Office of the Secretary regarding process and improvements. She will also share information, training resources and assist with analysis.

Most recently Vaught worked with the Commission for Children with Special Health Care Needs focusing on health systems evaluation and program development for case management and utilization development initiatives. She has a strong background in health care project management, including work with the Commination on Accreditation of Rehabilitation Facilities (CARF) and the Joint Commission on Accreditation of Health care Organizations (JCAHO).

"I am very impressed with Medicaid's proactive approach to HIPPA. They have developed reviews, plans and resource information that will be most valuable to the Cabinet as a whole," she

said. The CHS Checkup is a newsletter for employees of the Kentucky Cabinet for Health Services. Please direct contributions or comments to the Office of Communications, 502-564-6786. View newsletters at the CHS website at: <http://chs.state.ky.us/> Printed with state funds.



CHS Another Fair Success

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ficked areas included Healthy Aging with the *Wheel of Aging* game, Sun Exposure with the Derma Scan Machine, Glucose and Cholesterol Testing, Product Safety and Healthy Indoor Air with a bean bag toss game featuring educational information about their programs, 1 percent or Less Milk with *Ms. Moo*, Food Safety with their clown quiz food safety game, and Children's Emotions and Feelings with the elephant ring toss and information on healthy emotional development. The fast food

fat facts and sodium displays were also very well received.

CHS staff heard positive comments ranging from the cheerful and professional demeanor of the workers to the colorful, creative and interactive style of the exhibit.

All involved in the State Fair display should be very proud of this shared accomplishment and feel good knowing you truly performed well and provided thousands of people with information about health services in Kentucky.



Dr. Rice Leach, commissioner of Public Health, talks to a visitor at the CHS booth last week.

Millanti Wins Honors At State Fair

CHS employee Rolande Millanti of the Department for Medicaid Services, Division for Member and Provider Services, won the Best of

Show and First Place in the home brew division at this year's State Fair. She also came in 4th for a wine division.

